



Do you enjoy athletics?

Well if the answer is yes why not come along to our Indoor Athletics Run, Jump and Throw Clubs to improve your skills and try some fun activities!

Boys and Girls welcome! Ages 5-14Years.

The Run Jump and Throw Clubs are changing, as you progress from beginners to intermediate group you will receive a free Run, Jump and Throw T-shirt – Linking you closer with Giffnock North Athletics Club and as you progress from intermediate to advanced you will receive a free 1 year membership of Scottish Athletics.

REF:	Venue	Day	Dates	Times	Price
A32 A33 A34	Netherlee Primary	Mon	24 th Aug – 7 th Dec	6pm-7pm – Beg 7pm- 8pm – Inter 8pm – 9pm Adv	£39.20
A35 A36 A37	Eastwood High New Sports Hall	Tue	25 th Aug – 8 th Dec	6pm-7pm – Beg 7pm- 8pm – Inter 8pm – 9pm Adv	£42.00
A38 A39	Woodfarm High School	Wed	26 th Aug – 9 th Dec	4pm-5pm Beg 5pm – 6pm Inter	£42.00
A40 A41 A42	Williamwood High School	Wed	26 th Aug – 9 th Dec	6pm-7pm – Beg 7pm- 8pm – Inter 8pm – 9pm Adv	£42.00
Please note on Friday 4 & 11 December the class will move to Barrhead High School					
A43 A44	Carlibar Primary School	Fri	28 th Aug – 11 th Dec	6pm-7pm – Beg 7pm- 8pm – Inter	£39.20

PLEASE NOTE THE HOLIDAY DATES - There will be no classes on the September Weekend (Friday 25th Sept till Monday 28th Sept inclusive) or Week Commencing 12th Oct due to school holidays. This has been taken into account when calculating the duration and cost of courses.

TO BOOK CALL: 0141 5773008

**For more information please contact:
Gordon Robertson, Athletics Development Officer on 0141 577 3924**

Community Sports Development Programme

