

After a break of a few months the newsletter is back with a bang.

MORE SUCCESS FOR GIFFNOCK NORTH AAC ATHLETES



- Giffnock North Amateur Athletics Club have qualified for the Young Athletes League final in Birmingham on Saturday 5th September. This was after they finished second in the Scottish Final narrowly missing out on top spot to Edinburgh AC.
- David Phee (Pictured, thanks to B Campbell for picture) broke the course record in the Glasgow Park Run 5K showing he is in good form ahead of the Great Scottish Run where David will be part of the elite field.
- On the first Thursday of every month Giffnock North AAC will be welcoming any new members to their induction night held at Northolm Sports Ground in Giffnock, Starting at 5.30pm, full information on the club will be given on the night as well as opportunity to try different events.
- Giffnock North AAC will be holding their Club Championships on 20th September. More details can be found on <http://www.giffnocknorth.co.uk>.
- Anyone interested in competing for Giffnock North either over track, road or cross country would be made welcome at the club further information can be obtained from <http://www.giffnocknorth.co.uk> or by calling Gordon Robertson 01415773924.

East Renfrewshire Council Athletics News



- Run, Jump and Throw clubs have proved a success. Numbers have grown in the community athletics programme. Places are still available for further information please call Gordon Robertson on 01415773924.
- The sports development team are holding a coach recruitment night on Wednesday 9th September and a Volunteer Recruitment Evening on Wednesday 23rd September further information can be obtained from David Fraser on 01415773920.



- This years Barrhead 10K race will take place on Sunday 20th September. Further information can be obtained from <http://www.barrhead10k.co.uk/>.



East Renfrewshire
Jogging Networks

in association with  jogscotland

- The new block of Jogging will start Saturday 19th September further information <http://www.eastrenfrewshire.gov.uk/community-life-and-leisure/sports/sports-development.htm>

For further information on anything relating to athletics contact
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