

GIFFNOCK NORTH AC - MALE - OUTDOOR - T&F CLUB RECORDS

Last updated - 20/08/19

Any errors or omissions please email, g.dunn@giffnocknorth.co.uk

UNDER 11 BOYS

EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
60m	Alan Auld	8.9	1996	SNWAL League Record Holder
80m	Blair Alexander	11.2	2000	
100m	Gary Williamson	14.1	23/08/05	Open Graded, Crown Point, Glasgow
150m	Reuben Nairne	20.7	14/04/13	Ayrshire Harriers Open Meeting, Kilmarnock
200m	Gary Williamson	28.7	30/08/05	Open Graded, Crown Point, Glasgow
300m	Alistair Brown	50.46	21/04/04	Open Graded, Scotstoun, Glasgow
600m	Craig Sheenan	1.47.25	19/07/17	Open Graded, Livingston
	Reuben Nairne	1.49.32	04/08/13	CSSAL, Linwood
800m	Craig Sheenan	2.35.4	23/08/2017	Open Graded, Dam Park , Ayr
	David Torrance	2.36.6	1999	
1500m	Craig Sheenan	5.10.47	29.08.17	Open Graded, Shettleston, Glasgow
	Max Lott	5.10.82	26/05/04	Open Graded, Scotstoun, Glasgow
4 x 100m	F.Reid, D.Martin, E.Thomson, C.Boyle	60.1	28/08/16	
	C.Firth, C.McWilliam, S.Meehan, F.Rathey	60.8	04/06/06	CSSAL, Scotstoun
3 x 800m	G.Williamson, S.Meehan & S.Chapman	8.47.1	10/04/05	Renfrewshire Track Relay Championships
High Jump	Ryan Davie	1.15	19/07/18	Open Graded, Livingston
	Daniel Martin	1.15	20/07/16	Open Graded, Livingston
Long Jump	Blair Alexander	4.40	2000	
	Reuben Nairne	4.40	22/09/13	Giffnock North Club Championships
Shot Putt	Daniel Martin	7.30	17/08/16	Open Graded, Dam Park, Ayr
	Reuben Nairne	6.58	22/09/13	Giffnock North Club Championships
Quad Event	Daniel Martin	898 pts	07/08/16	Combined Events Meeting, Livingston
SP,LJ,80m,600m	Reuben Nairne	744 pts	23/09/12	Tayside Open Combined Events, Perth

UNDER 13 BOYS

EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
75m Hurdles	Rueben Nairne	11.89	22/08/15	Scottish Championships, Grangemouth
	Rueben Nairne	11.98	21/06/15	Youth Development League, Grangemouth
	Calum Alexander	12.3	23/06/13	Youth Development League, Grangemouth
100m	Robert Moses	12.31	05/09/09	UK YAL Aux Final, Birmingham
				Scottish Record

	150m	Alistair McCallum	20.92	13/08/05	Open Graded, Scotstoun, Glasgow
	200m	Robert Moses	24.95	05/09/09	UK YAL Aux Final, Birmingham Scottish Record
	300m	Callum Firth	44.8	21/09/08	GNAAC, Club Championships, East Kilbride
	400m	Blair Alexander	61.6	2002	
	600m	Rueben Nairne	1.45.24	06/06/15	Scottish Schools Pentathlon, Grangemouth
		Neil Gourley	1.49.18	11/04/07	Open Graded, Scotstoun, Glasgow
	800m	David Fitzsimmons	2.14.63	2002	(National Championship Best Performance)
	1200m	Miles Hollinshead	3.41.9	02/06/04	Lanarkshire School Champs, East Kilbride, British Record
	1500m	Hamish Armit	4.36.1	14/09/14	Perth
	1500m S/C	Neil Gourley	5.38.5	16/06/06	Open Graded, Scotstoun, Glasgow
	4 x 100m	C Firth, A Divers, C McWilliam & S Woodhouse	53.23	31/08/08	Scottish Junior Relay Champs, Pitreavie
	4 x 400m	D.Allan, C. McLure,, C. McTaggart, C.Dallas	4.46.4	1999	
	3 x 800m	Fraser Walker, Sandy Nimmo, Max Lott	7.19.54	18/06/06	Scottish Junior Relay Championships, Scotstoun
	Long Jump	Reuben Nairne	5.18	23/08/14	Scottish Age Group Championships, Aberdeen
	Triple Jump	Blair Alexander	9.56	2002	
	High Jump	Andrew Allan	1.55	2000	
	Pole Vault	Rueben Nairne	2.60	23/08/15	Scottish Championships, Grangemouth
		Rueben Nairne	2.50	12/06/15	Scottish Schools, Grangemouth
	Shot Putt 3.00 Kg	Daniel Martin	10.20	08/09/18	Scottish Athletics Throws Grand Prix, Livingston
		Daniel Martin	9.78	23/06/18	Open Graded, Livingston
	Shot Putt 3.25 Kg	Farhad Mahmood	10.44	19/08/12	CSSAL, Scotstoun, Glasgow
	Javelin	Fraser Lipp	34.25	22/08/15	Scottish Championships, Grangemouth
		Ethan Dear	27.00	25/08/12	Scottish Championships, Grangemouth
	Pentathlon	Rueben Nairne	1961pts	11/07/15	Scottish National Combined Events, Grangemouth
		Andrew Allan	1609 pts	2000	

UNDER 15 BOYS

EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
60m	Frankie Bradley	8.31	29/06/19	Världsongdomsspelen, Gothenburg, Sweden
80m	Cameron McKerrow	10.54	02/07/17	Världsongdomsspelen, Gothenburg, Sweden
80m Hurdles	Marc Russell	11.85	15/08/09	u15 Scottish Championships, Grangemouth
100m	Callum Firth	11.58	04/09/10	UK YAL Aux. Final, Manchester
150m	Alistair McCallum	19.64	11/04/07	Open Graded, Scotstoun, Glasgow
200m	Callum Firth	23.18	15/08/10	u15 Scottish Championships, Scotstoun, Glasgow

	300m	Murray Fotheringham	38.24	09/08/17	GAA Sprint Gala, Scotstoun ,Glasgow
		Murray Fotheringham	38.71	19/04/17	Open Graded, Livingston
	400m	Blair Alexander	53.5	05/09/04	UKA Young Athletes Final, Birmingham
	300m H	Murray Fotheringham	43.00	05/05/17	Team East Lothian Summer Series OG , Meadowhill
	400m H	Drew Hollinshead	67.00	14/06/08	Scottish Schools, Grangemouth
	600m	Murray Fotheringham	1.31.74	05/05/17	Team East Lothian Summer Series OG , Meadowhill
		Alistair McCallum	1.34.73	11/04/07	Open Graded, Scotstoun, Glasgow
	800m	Murray Fotheringham	1.59.69	02/06/17	GAA Mile Meet, Scotstoun
		Murray Fotheringham	2.00.62	24/05/17	Open Graded, Livingston
	1000m	Murray Fotheringham	2.47.60	13/08/17	England Athletics Combined Events Championships, Manchester
		Murray Fotheringham	2.57.77	09/08/16	DunRen Open Graded, Inverclyde
	Mile	Murray Fotheringham	5.08.30	01/05/16	Open Medal Meeting, Dumfries
	1500m	Gavin Ross	4.10.10	1998	
		Max Lott	4.15.75	24/08/08	Scottish Age Group Champs, Grangemouth
	2000m	Harris Paterson	5.51.67	30/06/19	Världsongdomsspelen, Gothenburg, Sweden
	3000m	Reuben MacDonald	9.24.12	08/06/19	Open Graded, Linwood
		Ethan Carolan	9.26.96	02/06/17	GAA Mile Meet, Scotstoun
	4 x 100m	Taylor Spiers, Matthew Kerr, Angus Lauder & Craig Walker	47.15	06/09/08	UK YAL Auxillary Final, Manchester
	4 x 300m	Alessandro Schenini, Jamie Sturrock, Ross Lipp & Andy Moses	2.43.72	01/06/14	YDL Final, Kilmarnock
	4 x 400m	G.Muir, M.Cumming, M.Kerr, M.Fishwick	3.45.79	01/09/07	UK Aux. Young Athletes Final, Birmingham
	3 x 800m	M.Lott, J.Walker, G.Muir	6.21.98	15/06/08	Scottish Junior Relay Championships, Grangemouth - Scottish Record
	Medley Relay	D.Allan/A.Morrison (200m), S.Milligan (400m), R.Caulfield (800m)	4.01.8	2001	
	Long Jump	Murray Fotheringham	6.23	26/08/17	England Athletics u15 Championships, Bedford
		Murray Fotheringham	6.21 (w.a.)	18/06/17	YDL, Grangemouth (Wind Assisted)
	Triple Jump	Blair Alexander	12.82	11/06/04	National Champs, Grangemouth
	High Jump	Andrew Allan	1.88	2002	(YAL league record)
	Shot Putt	Daniel Carlin	13.63	31/07/05	Young Athletes League Final, Scotstoun
	Javelin	Conor Logan	37.35	03/09/06	UK YAL Final, Birmingham
	Discus	David Brown	32.07	22/06/14	YDL, Grangemouth
	Hammer	Ollie Maher	35.46	30/07/17	YDL Final, Grangemouth
		Ollie Maher	33.91	23/04/17	YDL, Dam Park, Ayr
	Pole Vault	Rueben Nairne	3.51	26/08/17	England Athletics u15 Championships, Bedford
		Rueben Nairne	3.50	20/08/17	Scottish Age Group Championships, Scotstoun, Glasgow

	Pentathlon	Murray Fotheringham	2847 pts	23/07/17	South of England CE Championships, Oxford
		David Fitzsimons	2355 pts	29/05/04	Scottish Combined Events Champs., Pitreavie
	Schools Pent.	Murray Fotheringham	2989 pts	03/06/17	Scottish Schools Combined Events Championships, Grangemouth
	Octathlon	Murray Fotheringham	4160 pts	13/08/17	England Athletics Combined Events Championships, Manchester
	UNDER 17 BOYS				
	EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
	100m	Adam Clayton	10.71	17/06/17	English u20/23 Championships, Bedford (Scottish u17 record)
		Adam Clayton	10.73	21/05/17	Loughborough International
	100m Hurdles	Reuben Nairne	13.18	18/08/19	Scottish u17 Championships, Grangemouth
		Reuben Nairne	13.44	04/08/19	YDL u17 Challenge, Grangemouth
	150m	Russell Lawson	18.07	11/04/07	Open Graded, Scotstoun, Glasgow
	200m	Adam Clayton	21.66	27/08/17	England Athletics Championships, Bedford
		Adam Clayton	22.30 (w)	13/05/17	West District Championships, Kilmarnock
	300m	Murray Fotheringham	37.72	30/05/18	GAA Sprint Gala. Scotstoun. Glasgow
		David Williamson	38.94	21/04/04	Open Graded, Scotstoun, Glasgow
	300m Hurdles	Callum Alexander	43.04	02/07/17	Världssungdomsspelen, Gothenburg, Sweden
	400m	David Allen	50.23	18/07/15	Schools International. Grangemouth
		Calum McWilliam	50.94	02/09/12	UK YAL Auxillary Final, Manchester
	400m Hurdles	Duncan Chiah	59.10	2003	
	600m	David Fitzsimons	1.28.91	09/04/05	Open Graded, Scotstoun, Glasgow
	800m	Grant Muir	1.53.40	24/08/10	Open Graded, Shettleston, Glasgow
	1000m	Allan Waters	2.59.56	2002	
	1500m	Grant Muir	3.56.14	25/08/10	Stewarts Golden League, Open Graded, East Kilbride,
	1500m S/C	Chrisopher Stewart	4.25.89	05/09/14	UK Schools Championships, Sport City , Manchester
		John Walker	4.29.92	2001	
	2000m	Eoghan O'Donnell	6.54.21	02/07/2017	Världssungdomsspelen, Gothenburg, Sweden
	2000m S/C	Christopher Stewart	6.26.65	12/06/15	Scottish Schools, Grangemouth
		Christopher Stewart	6.27.42	09/08/14	Celtic Games, Dublin
	3000m	Grant Muir	8.34.06	03/09/10	Uk School Games, Gateshead, Scottish Record
	5000m	Ethan Carolan	16.07.61	28/08/18	Open Graded, Shettleston, Glasgow
		Alastair Booth	17.52.7	2003	
	4x100m	Joseph Connelly, Kyle McLean, Matthew Forbes , Adam Clayton	43.93	22/04/17	Scottish Relay Championships, Grangemouth
		Andy Moses, Alessandro Schenini, Morgan Allan, David Allen	44.44	16/08/15	Scottish Relay Championships, Aberdeen Sports Village

	4x400m	Neil Hutchison, Jamie MacGregor, Kenneth Love, Euan McCallum	3.35.09	17/06/07	Scottish Relay Championships, Meadowbank
		I Whiteford, K McCluskey, D Fitzsimons & C McCallum	3.35.56	19/06/05	Scottish Junior Relay Championships, Dumfries
	3x800m	Chris Stewart, Euan Bridie, Ross Gray	6.13.11	15/06/14	Scottish Relay Championships, Pitreavie
	Long Jump	Murray Fotheringham	7.34 w.a.	17/08/19	Scottish u17 Championships Grangemouth
		Murray Fotheringham	7.21	10/08/19	Scottish Age Group Championships, Grangemouth SCOTTISH RECORD
	High Jump	Murray Fotheringham	2.03	18/08/18	Scottish u20 Championships, Aberdeen
		Murray Fotheringham	2.02	11/08/18	Scottish u17 Championships, Grangemouth
	Shot Putt	Daniel Carlin	17.29	02/05/07	Grangemouth Grand Prix / Open Graded
	Javelin	Jamie McMaster	42.81	24/08/08	Scottish u17 Champs. Grangemouth
	Discus	Daniel Carlin	49.46	23/05/07	Edinburgh O.G / Grand Prix
	Hammer	Iain Holland	49.16	1997	
	Triple Jump	Matthew Kerr	14.45 w	12/09/10	NJL Final, Derby Wind assisted 2.8
		Matthew Kerr	14.32	03/09/10	UK School Games, Gateshead
	Pole Vault	Reuben Nairne	4.72	01/09/19	Englad Athletics u17 Championships, Bedford SCOTTISH RECORD
		Reuben Nairne	4.70	03/08/19	BAL, Div 2 (City of Glasgow) , Scotstoun SCOTTISH RECORD
	Scottish Athletics Pentathlon	Neil Hutchison	2678 pts	02/06/07	Scottish Schools Penathlon Championships,
		Craig McTaggart	2397 pts	2003	Grangemouth
	Scottish Schools Pentathlon	Murray Fotheringham	3312 pts	02/06/18	Scottish Schools Pentathlon, Grangemouth
	Octathlon	Neil Hutchison	4124 pts	14/07/07	Scottish Combined Events, Grangemouth
	Decathlon	Murray Fotheringham	5886 pts	14/07/18	Scottish Combined Events, Grangemouth
		Neil Hutchison	4681 pts	09/09/07	u17 Home Countries Combined Events, Stoke

SENIOR MEN (including u20's)

	EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
	100m	Fraser Angus (u20)	10.39	08/06/19	Irish Milers Club Open (Le Cheile International), Leixlip, IRL
		Adam Clayton (u20)	10.56	08/06/19	Irish Milers Club Open (Le Cheile International), Leixlip, IRL
	110m H. (3'3")	Peter Dunn (u20)	15.46	03/09/06	u20 Inter-Territorial International, Abingdon
	110m H. (3'6")	Peter Dunn (u20)	16.3	04/06/06	CSSAL, Scotstoun, Glasgow
	150m	Christopher Hutton	16.54	13/08/05	Open Graded, Scotstoun
	200m	Fraser Angus (u20)	21.17 w.a.	08/06/19	Irish Milers Club Open (Le Cheile International), Leixlip, IRL
		Fraser Angus (u20)	21.22	30/06/19	Bauhaus Junior Gala Invitation, Mannheim, Germany
	300m	Adam Clayton (u20)	35.56	29/05/19	GAA Sprint Gala, Crownpoint, Glasgow
		Kyle Alexander	35.62	29/05/19	GAA Sprint Gala, Crownpoint, Glasgow

	400m	Alan Low	48.10	25/06/14	BAL National 1, Bedford
		Kyle Alexander	48.16	18/08/19	Scottish Senior Championships, Grangemouth
	400m H	David Campbell	55.35	23/05/15	West District Championships, Ayreshire Arena, Kilmarnock
		David Campbell	57.5	10/05/15	SAL, Division 1, Grangemouth
	600m	Neil Gourley	1.19.16	01/06/18	Music City Distance Carnival, Nashville, TN, USA
		Jack Walker	1.20.94	16/08/16	BMC Gold Standard Races, Stretford
	800m	Neil Gourley	1.46.12	09/07/19	Azusa CA, USA
		Neil Gourley	1.47.11	09/06/19	Portland Track Festival, Portland Oregon, USA
	1500m	Neil Gourley	3.35.95	15/06/19	Brooks PR Invitational, Seattle, USA
		Neil Gouley	3.35.98	22/07/18	Annivesary Games / Diamond League, London
	Mile	Neil Gourley	3.57.11	18/08/18	Emsley Carr Mile, Diamond League, Birmingham
		Neil Gourley	3.58.43	22/05/18	Wingfoot Mile, Atlanta, GA, USA
	2000m S/C	Luke Traynor (u20)	6.23.39	11/06/10	Scottish Schools Championships, Grangemouth
	3000m S/C	Neil Gourley (u20)	9.19.10	04/04/14	Colonial Relays, Williamsburg VA, USA
	3000m	Luke Traynor	7.53.88	25/07/18	Open Graded, Watford
		Neil Gourley (u23)	8.16.30	23/01/15	Hokie Invitational, Blacksburg, Virginia, USA
	2 miles	Luke Traynor	9.35.69	11/06/14	Ayrshire Harriers Open Graded, Ayr
	5,000m	Luke Traynor	13.39.95	19/07/18	Morton Games, Dublin, Ireland
		Luke Traynor	14.00.63	28/07/17	GAA Miler Meet, Scotstoun, Glasgow
	10,000m	Luke Traynor (u23)	29.10.19	01/04/16	Stanford Invitational, Palo Alto CA, USA
		Luke Traynor (u23)	30.13.28	25/04/14	BMC Regional Races, Hutchcesons School, Glasgow
	4 x 100m	Andy Moses, Calum McWilliams, Russel Lawson, Kyle McLean	43.46	15/07/18	Scottish Relay Championships, Grangemouth
		J.Mackenzie, M.McCluskey, G.Leggate, M.Dorrian	44.13	2003	
	4 x 400m	M.Dorrian, M.McCluskey, J.Mackenzie, A.Low	3.22.09	24/04/05	Scottish Athletic League, Div.1, Wishaw
	4 x 400m (u20)	?	3.30.33	30/05/04	Scottish Relay Champs., Pitreavie
	3 x 800m	Grant Muir, Neil Gouley, Jack Walker	5.47.21	24/06/2012	Scottish Relay Championships, Pitreavie
	Long Jump	Alessandro Schenini	7.59	19/05/19	GAA Sprint Gala, Scotstoun, Glasgow
		Alessandro Schenini	7.37	19/05/19	Loughborough International, Paula Radcliffe Stadium, Loughborough
	Triple Jump	Matthew Kerr (u20)	14.51	03/06/12	Scottish Senior Championships, Scotstoun
	High Jump	David Smith	2.26	01/07/18	British Athletics Championships, Birmingham
		David Smith	2.25	24/05/14	Loughborough High Jump Competition
	Pole Vault	Matthew Dorrian	4.70	2002	Scottish u20 Championships
	Shot Putt	Daniel Carlin (u20)	16.46	13/09/09	National Junior League Final, Derby

		Daniel Carlin (u23)	15.96	13/07/14	England Athletics u20/u23 Champs. & European Trials, Bedford
	Discus	Daniel Carlin (u20)	54.18	24/05/09	NJAL, Grangemouth
	Javelin	David Lees (u20)	51.96	20/04/19	Scottish University & College Athletics Championships, Grangemouth
		David Lees (u20)	49.00	19/08/18	Scottish u20 Championships, Aberdeen
	Hammer	Daniel Carlin (u20)	49.22	13/09/09	National Junior League Final, Derby
	MASTERS MEN				
	EVENT	ATHLETE	PERFORMANCE	DATE	VENUE
	100m	Sandy Morrow	12.20	08/06/14	CSSAL, Wishaw
		Eric Martindale	12.50	19/06/05	
	200m	Sandy Morrow	24.60	29/06/13	CSSAL Div.1 - Kilmarnock
	400m	Michael Cross (M35)	58.31	23/09/18	Giffnock North AC Club Championship, Kilmarnock
		Colin Wylie (M45)	60.89	15/07/18	Scottish Masters Chamionships. Grangemouth
		Graeme Croll	61.00	21/09/08	GNAAC, Club Championships, East Kilbride
	400m H	Alistair Morrison	79.50	25/06/05	
	800m	Greg Hastie	2.02.5	08/06/14	CSSAL, Wishaw
	1500m	Greg Hastie	4.19.00	29/06/13	CSSAL Div.1 - Kilmarnock
	3000m	Graeme Croll	9.30.04	05/08/07	CSSAL Div.1 - East Kilbride
	5000m	Graeme Croll	15.44.2	22/04/07	Scottish Athletic League, Div., Grangemouth
		Michael Cross (M35)	17.45.08	28/08/18	Open Graded, Shettleston, Glasgow
		Ted Gourley (M55)	18.02.03	28/08/18	Open Graded, Shettleston, Glasgow
	Long Jump	Guy Morton	5.51	20/09/15	Giffnock North AAC Club Championships
		Alistair Morrison	4.92	24/06/05	
	Triple Jump	Alistair Morrison	10.60	24/04/05	Scottish Athletic League, Div.1, Wishaw
	Shot Putt	Alistair Morrison (6.25kg shot)	9.72	25/06/05	
	Discus	John Birkett	19.26	27/04/08	CSSAL, Linwood
	Javelin	Martin Letham	38.45	21/09/08	GNAAC, Club Championships, East Kilbride